## Health Care Ministry Goal:

to Educate and
Encourage Healthy
Living Habits for all
Parishioners



Cardio-pulmonary
Resuscitation
(CPR) Training,
which includes
training in the use
of the Automatic
External
Defibrillator
(AED), is
offered in the
spring and fall.



#### Did You Know?

Parish Health Ministry provides a healthy midweek Lenten Meal.

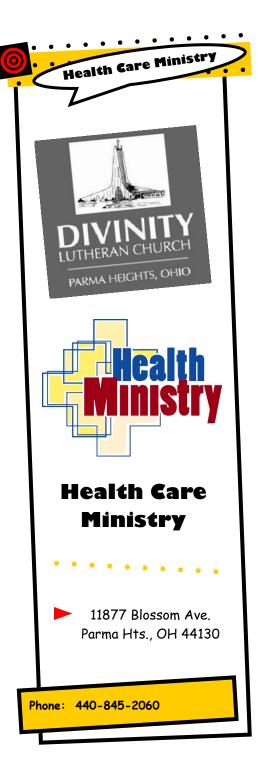
An Automatic External Defibrillator (AED) is located on the wall in the office hallway.

Weight Watcher sessions are available every day of the week for your convenience. Sessions are held at 6670 Ridge Rd., Parma. For more info, call 800/651-6000.



Divinity Lutheran Church 11877 Blossom Ave. Parma Heights, OH 44130

Phone: 440-845-2060 Web: www.divinitylutheran.com E-mail: divinitychurch1@sbcglobal.net



#### Mission Statement

The mission of the Parish Health Ministry at Divinity Lutheran



Church is to positively impact the lives of individuals in our congregation by supporting activities that promote the health of body, mind, and spirit.

### Invitation to Participate

All healthcare professionals are encouraged to meet with us on the fourth Monday of the month at 7 pm at the church. Your help is needed in this important ministry!

# Health Care Ministry Activities

Health Education articles are published each month in the DIGEST.

Corresponding "back door" readings are posted in the restrooms. A bulletin board is displayed in the narthex.

FREE Blood Pressure

Screenings are
offered the second Sunday of
each month.

Follow-up Phone Calls are made to those who have been recently discharged from the hospital.



First Aid

Kits are located in the Ushers' Room, the Main Kitchen, and the office.

Home-cooked Meals

are offered to
Divinity Family
members who
need them.

Please don't

hesitate to ask!



Divinity Lutheran Church 11877 Blossom Avenue Parma Heights, OH 44130

Phone: 440-845-2060 Web: www.divinitylutheran.com E-mail: divinitychurch1@sbcglobal.net

• • • • • •